

Frame 1. Search and Selection Strategy

Item	Description
Type of study	Narrative review with applied scope
Search period	2013 to 2025
Databases	PubMed, Scopus, Google Scholar, SciELO, institutional documents
Descriptors	"sports betting", "gambling disorder", "public health", "addiction", etc.
Inclusion criteria	Peer-reviewed studies, official documents, focus on mental health and regulation
Exclusion criteria	Studies on in-person gambling or without empirical basis
Thematic focus	Online sports betting, adolescents, mental health, public policies
Analytical strategy	Critical reading and narrative synthesis

Source: The Authors.