

Table 2. Risk of Bias for Clinical Trials.

Study	Random Sequence Generation	Allocation Concealment	Blinding of Participants and Personnel	Blinding of Outcome Assessors	Incomplete Outcome Data	Selective Reporting	Other Sources of Bias	Overall
Chisholm <i>et al.</i> 2012	Low	Low	Low	Low	Low	Low	Low	Low
Yam <i>et al.</i> 2020	Low	Low	Low	Low	Low	Low	Low	Low
Ojio <i>et al.</i> 2020	Uncertain/Low/Uncertain	Low	Low	Low	Low	Low	Low	Low
Fujii <i>et al.</i> 2021	Low	Low	Low	Low	Low	Low	Low	Low
Li <i>et al.</i> 2015	Low	Low	Low	Low	Low	Low	Low	Low