

Table S1. Characteristics of excluded studies.

N	Study	Reasons for Exclusion
1	Sacco; Camilleri; Eberhardt; Umla-Runge, and Newbury-Birch, 2022	No intervention (addresses practical interventions for managing the stigma of mental disorders)
2	Gurung; Poudyal, and Wang, 2022	No intervention (addresses practical interventions for managing the stigma of mental disorders)
3	Cosh; Mcneil, and Jeffreys, 2023	No intervention (addresses practical interventions for managing the stigma of mental disorders)
4	Görzig; Ryan, 2022	No intervention (addresses practical interventions for managing the stigma of mental disorders)
5	McLaren, Peter, 2021	No approach to stigma
6	Ayuso, 2023	No approach to stigma
7	Le; Eschliman; Grivel, 2022	No intervention (addresses practical interventions for managing the stigma of mental disorders)
8	Petersen & Lund, 2011	No intervention (addresses practical interventions for managing the stigma of mental disorders)
9	Johnson; Sanghvi, and Mehrotra, 2022	Methodological rigor
10	Tay; Klainin, 2018	Methodological rigor
11	Beattie; Smilenova, and Krishnaratne, 2020	No intervention (addresses practical interventions for managing the stigma of mental disorders)
12	Cossu; Cantone, and Pintus, 2015	No intervention (addresses practical interventions for managing the stigma of mental disorders) and low methodological rigor
13	Lievens; Vacaru, and Kruithof, 2021	No approach to stigma and mental disorder
14	Holzinger; Dietrich, and Heitmann, 2008	Methodological rigor
15	Campos; Dias; Duarte, and Veiga, 2018	Methodological rigor
16	Jimenez & Reynolds, 2015	Methodological rigor
17	Van Kerkhof, 2010	No approach to stigma
18	Jensen & Morthorst, 2015	No primary intervention (addresses practical interventions for managing the stigma of mental disorders)

Analysis of interventions to reduce stigma related to mental disorder

N	Study	Reasons for Exclusion
19	Munson; Cole, and Stanhope, 2016	No direct intervention for stigma
20	Wang; Hedley, and Bury, 2020	No direct intervention for stigma
21	Hall; Morey, and Beckham, 2020	No direct intervention for stigma
22	Yan Ma, Anderson, Queimadura, 2023	No primary intervention (addresses practical interventions for managing the stigma of mental disorders)
23	Hartman <i>et al.</i> , 2023	No approach to stigma
24	Gureje <i>et al.</i> 2017	No intervention for stigma
25	Srinivasan <i>et al.</i> 2018	No intervention for stigma
26	Borràs <i>et al.</i> 2009	No intervention for stigma
27	Hanlon <i>et al.</i> 2016	No direct intervention for stigma
28	Ito-Jaeger, S., <i>et al.</i> 2022	Methodological rigor
29	Cossu, G., <i>et al.</i> 2015	No intervention (addresses practical interventions for managing the stigma of mental disorders)
30	Hanlon <i>et al.</i> 2016	No intervention (addresses practical interventions for managing the stigma of mental disorders)
31	Barbosa <i>et al.</i> 2023	No intervention (addresses practical interventions for managing the stigma of mental disorders)